



Republic of the Philippines
Department of Education

REGION IV-A CALABARZON
CITY SCHOOLS DIVISION OF THE CITY OF TAYABAS

20 January 2026

DIVISION MEMORANDUM
No. 042 s. 2026

THREE-PART TRAINING-WORKSHOP ON THE SCIENCE OF LEARNING

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Heads, Public Secondary Schools
Heads, Unit/Section
All Others Concerned

1. Pursuant to the letter of invitation from the CPAE Center for the Professional Advancement of Educators, in cooperation with SiMERR National Research Centre-Australia, this Office, through the Curriculum Implementation Division, hereby encourages school heads, supervisors, teachers, and other concerned personnel to participate in the Three-Part Training-Workshop on the Science of Learning, designed to present essential, research-based principles on how students learn.
2. The training-workshop aims to provide participants with a scientific foundation for instructional design and instructional clarity, while supporting Philippine Professional Standards for Teachers (PPST) Domain 1: Content Knowledge and Pedagogy.
3. Participants to this activity include school heads, education supervisors, teachers, and other educators from public elementary and secondary schools (see Enclosure 1).
4. Registration, travel and other incidental expenses shall be charged against school MOOE or local funds, subject to the usual budgeting, accounting, auditing, and procurement laws, rules, and regulations.

A registration fee shall be charged as follows:

- a. ₱3,000.00 per participant for groups of five (5) or more
- b. ₱3,200.00 per participant for individual registrants

The above special discounted rates are valid until 20 January 2026 only.

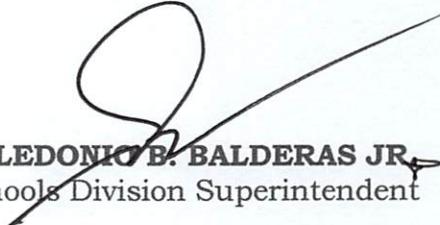
From 21 January to 15 February 2026, the following discounted rates shall apply:

- a. ₱3,500.00 per participant for groups of five (5) or more
- b. ₱3,700.00 per participant for individual registrants

The regular rate of ₱4,200.00 shall apply to onsite or walk-in participants from 16 to 27 February 2026.

An additional discount of ₱150.00 per training shall be granted to participants who will avail of two (2) to three (3) trainings. Registration fees are inclusive of training materials, two (2) lunches, three (3) snacks, and certificates of participation.

5. Immediate dissemination of and strict compliance with this Memorandum are hereby enjoined.


CELEDONIO B. BALDERAS JR.
Schools Division Superintendent

Encl.: As stated

Reference: None

To be indicated in the Perpetual Index
under the following subjects:

SCIENCE OF LEARNING
TEACHER
TRAINING

CID- three-part training-workshop on the science of learning
CIDDJMPA-002575 / January 20, 2026

Enclosure 1.

List of Participants from the Schools Division Office

No	Name	Position	Office/School
1	Celedonio B. Balderas Jr.	SDS	SDO
2	Herbert D. Perez	ASDS	SDO
3	Edwin R. Rodriguez	Chief	CID
4	Mikael Sandino T. Andrey	EPS - AP	CID
5	Joseph Jay U. Aureada	EPS – EsP/Values Ed	CID
6	Christian J. Bables	EPS - Filipino	CID
7	Jerome A. Chavez	EPS - Mathematics	CID
8	Louie L. Fulledo	EPS – EPP/TLE	CID
9	Mildred Z. Galleno	EPS – ALS/Kindergarten/SNED	CID
10	Michael Leonard D. Lubiano	EPS - Science	CID
11	Sherwin C. Quesea	EPS - MAPEH	CID
12	Luzviminda Cynthia Richelle F. Quintero	EPS - English	CID
13	Generosa F. Zubieta	EPS - LRMDS	CID

January 17, 2026

DR. CELEDONIO B. BALDERAS, JR.
Schools Division Superintendent
Division of Tayabas City
Department of Education
Tayabas City, Quezon

Dear Dr. Balderas, Jr.:

The CPAE Center for the Professional Advancement of Educators (with PRC Accreditation No. 2017-067) in cooperation with the SiMERR National Research Centre-Australia will conduct a three-part training-workshop series designed to teach the essential, research-backed principles for how students learn. The sessions provide a scientific basis for instructional design and clarity, while supporting PPST Domain 1: Content Knowledge and Pedagogy.

- Part 1: National Training on the **Foundations of the Science of Learning**: Better Teaching and Better Instructional Supervision for Better Schools on February 27 to March 1, 2026
- Part 2: National Training on the **Practice of the Science of Learning**: Better Teaching and Better Instructional Supervision for Better Schools on April 17 to 19, 2026
- Part 3: National Training on the **Science of Learning and the SOLO Framework**: Better Teaching and Better Instructional Supervision for Better Schools on April 20 to 22, 2026

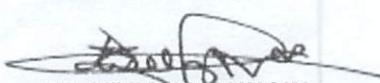
International scholar and expert in education, research and pedagogy, Professor John Pegg, will facilitate the sessions together with distinguished educators, Dr/Professor Gina Gonong, Dr Jennifer Lopez and Associate Professor Marla Papango.

In this regard, we kindly ask your office to help us disseminate this information through a memo or an advisory to reach your teachers, supervisors, school heads, and other educators for an opportunity to join the upcoming training-workshops.

Attached are the program of activities (Part 1) and registration details for your reference. Information on Continuing Professional Development Credits (CPD) units shall be released as soon as available. You may contact us at cpaeph@rocketmail.com or at (02) 8352-7880 or 0977-850-1914 for more information.

We look forward to your positive response. Thank you very much and more power to you.

Very truly yours,



DR. VIVIAN I. BUHAIN
Training Director

National Training on the Foundations of the Science of Learning:
 Better Teaching and Better Instructional Supervision for Better Schools

 February 27 to March 1, 2026
 Teacher's Camp, Baguio City

PROGRAM OF ACTIVITIES*

Schedule	Time	Topics/Activities	Resource Persons
Day 1. Friday, Feb. 27	8:00-12:00	Arrival of Participants Registration Pretest Socialization	GINA O. GONONG, PhD Professor, Philippine Normal University Former Undersecretary, DepEd
	1:00-3:00	The Philippine Context & Urgency 1.1 The State of Student Outcomes: Reviewing PISA, NAT, and other relevant data. The MATATAG Curriculum: A Response to Load 1.2 Rationale for Revision: Understanding the shift, including the identified issue of high cognitive load in the previous curriculum. 1.3 Aligning with PPST: Connecting SOL to key standards (e.g., Pedagogy, Assessment).	
	3:00-3:15	Break	
	3:15-5:00	Introduction to the Science of Learning (SOL) Principles 2.1 SOL Defined: What is evidence-based learning science? 2.2 Brief Introduction to Core Principles: Introducing Spaced Learning, Retrieval Practice, and the basic concept of Working Memory capacity.	
	5:00-5:30	Reflection & Next Steps Reflection: Individual "Why SOL?" commitment and Q&A.	
	5:30-6:00	Question and Answer Session; Synthesis	
	8:00-8:30	Preliminaries	JOHN PEGG, PhD Professor, University of New England- Australia
	8:30-10:00	Understanding the Cognitive Architecture 3.1 Working Memory vs. Long-Term Memory: Full discussion of how information flows and is stored. 3.2 Automaticity (Fluency): The goal of moving skills from effortful working memory to long-term memory. Core Memory Optimization: Spacing & Retrieval 4.1 Retrieval Practice: The Testing Effect (e.g., brain dumps, two-minute reviews). Spaced Learning: Strategies for distributing practice.	
	10:00-10:15	Break	
	10:15-12:00	Managing Complexity: Cognitive Load Theory (CLT) 5.1 CLT: Intrinsic, Extraneous, and Germane Load: Strategies for Chunking. Workshop 1: Cognitive Load Reduction Activity: Trainees redesign a complex, existing lesson segment to maximize germane load and minimize extraneous load.	
Day 2. Saturday, Feb. 28	12:00-1:00	Lunch	MARLA C. PAPANGO Associate Professor, Philippine Normal University
	1:00-3:00	Making Content Stick: Interleaving & Dual Coding 6.1 Interleaving: Mixing concepts and problem types for mastery. 6.2 Dual Coding & Multimedia: Using words and visuals effectively. Workshop 2: Critiquing Visuals Activity: Trainees critique available online visuals or school materials for violations of the Coherence and Redundancy principles	

	3:00-3:15	<i>Break</i>	
	3:15-4:45	Synthesis & Day 2 Reflection 6.3 Synthesis: Integrating CLT, Spacing, and Retrieval.	
		Reflection: Group share-out on immediate application plans.	
	4:45-5:00	Question and Answer Session; Synthesis	
Day 3. Sunday, March 1	8:00-8:30	Preliminaries	JENNIFER E. LOPEZ, PhD Director IV Department of Education
	8:30-10:00	Fostering Independence and Transfer 7.1 Metacognition: Teaching students to monitor and regulate their own learning (planning, monitoring, evaluating). 7.2 Transfer of Learning: Near vs. Far Transfer and designing for real-world application. 7.3 Growth Mindset: The role of timely, specific feedback and promoting effort over innate ability.	
	10:00-10:15	<i>Break</i>	
	10:15-11:00	Workshop 3: Feedback Formulation Activity: Trainees practice formulating two types of SOL-aligned feedback: one for retrieval practice and one for a metacognitive activity.	
	11:00-12:00	Final Implementation & Action Planning 8.1 Final Workshop: SOL Action Planning	
	12:00-1:00	<i>Lunch</i>	
	1:00-3:00	8.2 Wrap-up and Evaluation Reflection: Final Q&A, commitments, and training evaluation.	
	3:15-5:00	Question & Answer Session; Synthesis Posttest Distribution of Certificates	

Your trusted partner institution in advancing quality education

Part 1: National Training on the Foundations of the Science of Learning: Better Teaching and Better Instructional Supervision for Better Schools

February 27 to March 1, 2026
Baguio City (venue to be announced)

Part 2: National Training on the Practice of the Science of Learning: Better Teaching and Better Instructional Supervision for Better Schools

April 17 to 19, 2026
Baguio City (venue to be announced)

Part 3: National Training on the Science of Learning and the SOLO Framework: Better Teaching and Better Instructional Supervision for Better Schools

April 20 to 22, 2026
Baguio City (venue to be announced)

REGISTRATION DETAILS

REGISTRATION FEE PER TRAINING (in Peso)

SPECIAL DISCOUNTED RATE

(until January 20, 2026)

• Group of 5 or more	3,000 per pax
• Individual	3,200

STANDARD DISCOUNTED RATE

(January 21 to February 15, 2026)

• Group of 5 or more	3,500 per pax
• Individual	3,700

REGULAR RATE (February 16 to 27, 2026)

Onsite/Walk-in 4,200

Additional 150 discount per training for those who will avail 2-3 trainings.

Registration fees inclusive of seminar materials, lunch (2), snacks (3) and certificates.

Payments may be deposited through any of the following:

BDO (Unibank) Account No.
0131 8004 1182 – CPAE

G Cash No.
0977 850 1914 – ELVIN G.

Once paid, kindly send through private message the participant's full name(s) and transaction details to facebook.com/cpaeph or email at cpaeph@rocketmail.com

Participants are requested to sign up at www.cpaeph.com

REGISTER NOW!